

## BASELINE ASSESSMENT

**Approach to the practice of the ADJ Process is first HUMILITY, then HONESTY**

2nd Spiritual Prerequisite	2 <sup>nd</sup> Spiritual prerequisite - Spiritual Standards and Conditions	Reflection on the standards: Where am I in this process? Where do I need to improve?
<b>A chaste and holy life (inner thoughts and desires)</b>	<ul style="list-style-type: none"> <li>● Such a chaste and holy life, with its implications of modesty, purity, temperance, decency, and clean-mindedness, involves no less than the exercise of moderation in all that pertains to</li> </ul>	
	<ul style="list-style-type: none"> <li>● dress, language, amusements, and</li> </ul>	
	<ul style="list-style-type: none"> <li>● all artistic and literary avocations.</li> </ul>	
	<ul style="list-style-type: none"> <li>● It demands daily vigilance in the control of one's</li> </ul>	
	carnal desires and corrupt inclinations.	
	It calls for the abandonment of a frivolous conduct, with its excessive attachment to trivial and often misdirected pleasures.	
	It requires total abstinence	
	<ul style="list-style-type: none"> <li>● from all alcoholic drinks,</li> </ul>	
	<ul style="list-style-type: none"> <li>● from opium, and</li> </ul>	
	<ul style="list-style-type: none"> <li>● from similar habit-forming drugs.</li> </ul>	
	It condemns the prostitution of	
	<ul style="list-style-type: none"> <li>● art and of</li> </ul>	
	<ul style="list-style-type: none"> <li>● literature,</li> </ul>	
	<ul style="list-style-type: none"> <li>● the practices of nudism and of</li> </ul>	
	<ul style="list-style-type: none"> <li>● companionate marriage,</li> </ul>	
	<ul style="list-style-type: none"> <li>● infidelity in marital relationships, and</li> </ul>	
	<ul style="list-style-type: none"> <li>● all manner of promiscuity, of</li> </ul>	
	<ul style="list-style-type: none"> <li>● easy familiarity, and of</li> </ul>	
	<ul style="list-style-type: none"> <li>● sexual vices.</li> </ul>	
	It can tolerate no compromise with the theories, the standards, the habits, and the excesses of a decadent age. Nay rather it seeks to demonstrate, through the dynamic force of its example, the pernicious character of such theories, the falsity of such standards, the hollowness of such claims, the perversity of such habits, and the sacrilegious character of such excesses.	

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	<ul style="list-style-type: none"><li>• It must be remembered, however, that the maintenance of such a high standard of moral conduct is not to be associated or confused with any form of</li></ul>	
	<ul style="list-style-type: none"><li>• asceticism, or of</li></ul>	
	<ul style="list-style-type: none"><li>• excessive and bigoted puritanism.</li></ul>	
	<p>The standard inculcated by Bahá'u'lláh seeks, under no circumstances, to deny anyone the legitimate right and privilege to derive the fullest advantage and benefit from the manifold joys, beauties, and pleasures with which the world has been so plentifully enriched by an All-Loving Creator.</p>	